

PRESS RELEASE

EMPOWERING YOUR CHILD THROUGH POSITIVE PARENTING

Julia Gabriel Centre's Positive Parenting Series is back with a series of workshops this year that promises to provide insights and hands-on guidance on how to nurture confident, independent, motivated and successful children.

Ideal for parents with children up to the age of 8 years old, these interactive workshops have been designed to equip parents with practical methods, which can be easily applied at home to provide children with the best possible developmental support.

The Positive Parenting Series will be conducted by Ms Julia Gabriel, Founder and Director of Julia Gabriel Education, who has more than 30 years of experience in early childhood education. One of the pioneers in Singapore's early childhood education scene, she is an accomplished storyteller, performer, speaker, lecturer, author of children's books and has been involved in the production of educational television programmes for the Ministry of Education in Singapore.

Developing Your Child's Imagination – 26th September

An active imagination can make all the difference in one's approach to life. Children with active imagination are more optimistic, more able to manage their emotions and often perform better in school. This workshop looks into:

- What we can do at home to support children's ability to create mental images
- How to develop the power to see possibilities and situations that will enhance children's potential for success
- Engaging and enjoying the imaginative process together with your child



Developing Your Child's Critical Thinking – 24th October

Critical thinking is an essential skill in problem solving and the ability to communicate logical solutions. It includes skills for effective analysing, reasoning, evaluating and creativity, which children develop over time with the help of parents, family members and educators. This workshop will explore:

- The process of critical thinking
- How you can empower your child's thinking at home
- The four steps towards expanded thinking

Developing Your Child's Social And Emotional Awareness – 21st November

Social and emotional awareness is a critical in the development of self-awareness, self-regulation, decision-making, relationship skills and what is or is not appropriate in our interaction with others. This final workshop will look into:

- The difference between inter and intra personal awareness
- Development of intuition
- How we can impact our children's ability to engage with others and to lead happy, well-balanced lives

Julia Gabriel Centre's Positive Parenting Series will be held from 7:00pm to 9:30pm on the respective dates at Julia Gabriel Centre, #04-00 Forum, 583 Orchard Road, Singapore 238884.

Each session only costs \$65 per person or \$110 per couple including workshop materials. Enjoy a 10 per cent discount from your 3rd workshop onwards.

For more information and registration, call 6733 4322, email enquiries@juliagabriel.com or visit www.juliagabriel.com.

Issued by:
On behalf of:

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